



FARZ (Compulsory)

There are **FIVE** Farz in namaz.

- 1. Qiyaam** - Stand until the Farz Qiraat is completed
- 2. Qiraat** - Pray at least 3 short or one long aayat of the Holy Quran
- 3. Rukoo** - Bend so that the hands reach the knees
- 4. Sujood (Sajdah)** - Bend down on the floor with the forehead, nose, palm, knees & atleast 1 toe of each leg touching the ground
- 5. Qa'adah-e-Akhira (last Qa'adah)** - Sitting in the last rakat of the namaz for the duration it takes, so the whole of Tashahhud (attahiyat) is completed until 'Rasooluhu'