

5 F Sajdah

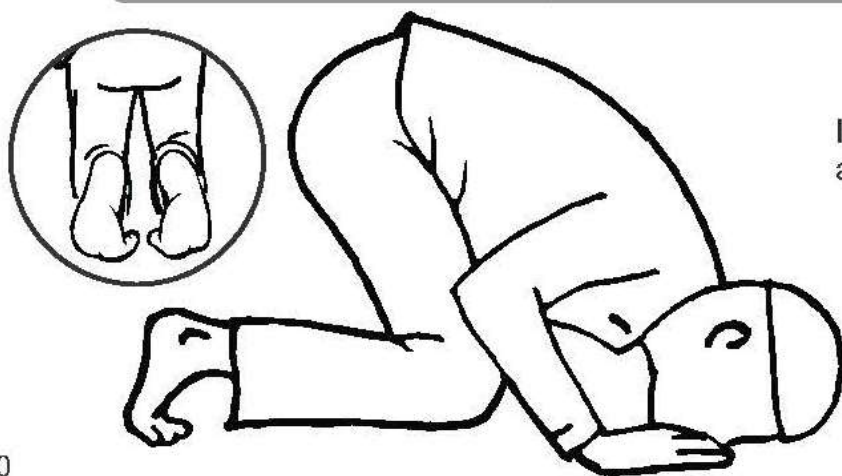
S By saying **اَللّٰهُ اَكْبَرُ** "Allahu Akbar", Go down to Sajdah

First, knees should touch the ground, then hands, then nose and then forehead.

The abdomen should not touch the thighs and the arms not touch the armpits.

The fingers of the hand and toes should be pointing to the Qibla.

W Atleast 3 toes of each feet should touch the ground



In Sajdah, read the following Tasbeeh at least three times

سُبْحَانَ رَبِّيَ الْأَعْلَى

Subhana Rabbiyal-Ala

(Glory be to my Creator, The Highest)